

# **“The 3rd Annual Lion Heart Sunshine State Raw” 2011 Push Pull Meet**

Saturday, May 14, 2011 at Lion Heart Gym, 11203 49th Street N., Clearwater, FL 33762

Information: Stephen Byer 727.743.1515

Weigh-ins: Friday 6:00 PM until 7:00 PM or Saturday 8:30 AM until 10:00 AM

(Lifting starts at 11:00 AM)

Sanctioned by the American Powerlifting Association (APA). You must be a member to be eligible.

You may purchase membership card at the meet (\$30 adult-\$15 High School Student).

**SEND ALL ENTRIES AND MAKE CHECK PAYABLE TO:**

**Lion Heart Gym**, 11203 49th Street N, Clearwater, FL 33762

**Entry Deadline is Mar. 27, 2011**

**Entries received after this date will be charged \$10.00 late fee**

\*Note: Entry fee's are not refundable under any circumstances!